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YOU Are a Pokémon Trainer!

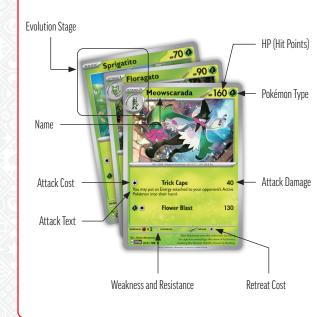


You and your opponent will face off in a Pokémon battle and try to Knock Out each other's Pokémon.

The first player to Knock Out 6 Pokémon wins the game!



Parts of a Card



Before the Game Begins

STEP 1

Each player unfolds and lays out a playmat.

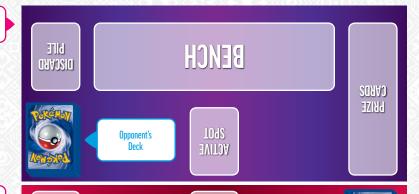
STEP 2

Each player shuffles their deck, then places it on their playmat.

STEP 3

Flip a coin to see who goes first!

Opponent's Playmat



Your Playmat





Your Deck



DISCARD Pile



Before the Game Begins

Then, both players follow these steps.

STEP 1

· Draw 7 cards.

(> If you don't draw a Basic Pokémon, see page 28)

STEP 2

Play a Basic Pokémon to the Active Spot. This will be your Active Pokémon when you start the game!

STEP 3

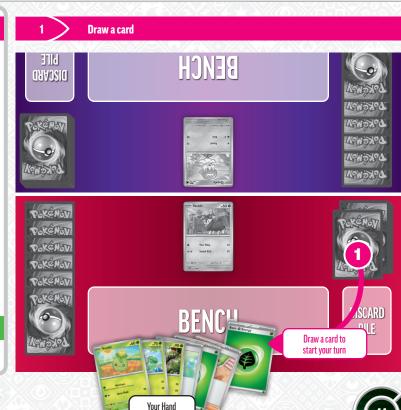
Set aside 6 cards from the top of your deck. These are your Prize cards!

You're ready to start the game!



Draw a card You must do this at the beginning of every turn ➤ P.10 Put Basic Pokémon onto your Bench ➤ P.12 As many as you want 3 Attach 1 Energy card to 1 of your Pokémon ➤ P.14 Only once per turn **Retreat your Active Pokémon** Only once per turn ➤ P.16 5 **Evolve Pokémon** ➤ P.18 As many as you want 6 **Play Trainer cards** As many as you want, but only ➤ P. 20 1 Supporter card per turn Attack with your Active Pokémon If you cannot attack, tell your ➤ P. 22 opponent your turn is over.

> Now it's your opponent's turn. This turn order can also be found on one of your reference cards!





You can put more Basic Pokémon from your hand onto your Bench during your turn.





3 Attach 1 Energy Card

Attach 1 Energy card per turn to 1 of your Pokémon in play. That Energy stays with the Pokémon and powers its attacks. From now on, Skiddo can use its Vine Whip attack!

Trainer Tip!

Energy powers your attacks!

✓ Vine Whip 10

Requires 1 Energy

* * Smash Kick 20

Requires 2 Energy (any type)

Bigger attacks need more Energy!



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Switching Your Pokémon

Once per turn, you can discard Energy attached to your Active Pokémon to bring it back to your Bench.

Retreat Cost

Your Pokémon's Retreat Cost shows how much Energy to discard.



Move 1 of your Benched Pokémon up to the Active Spot to become your new Active Pokémon!

These two steps happen at the same time, so you can still switch if your Bench is full.



Evolving Your Pokémon

Evolve your Pokémon! To evolve a Basic Pokémon, place a Stage 1 Pokémon on top of the Basic Pokémon card. Keep all damage counters and Energy with the Pokémon.



Trainer Tip!

You cannot evolve a Pokémon on the turn you play it. It can evolve on the next turn.

Some Stage 1 Pokémon can evolve once more into Stage 2 Pokémon! Evolving a Pokémon counts as playing it, so you must wait until your next turn to evolve it a second time.







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Play Trainer Cards

To play a Trainer card, follow all of the instructions listed on the card. It's that easy!

After you have played a Trainer card, put it in your discard pile.



There are different types of Trainer cards, including Item cards and Supporter cards.

During your turn, you can play as many Item cards as you want, but you can play only 1 Supporter card per turn.







7 Attacking

Choose an attack. (Make sure you have the right Energy.)

Put damage counters on your opponent's Pokémon. (The number to the right of the attack tells you how much damage it does.)

Some attacks don't do damage, but they have other effects. Follow the instructions!

Weakness and Resistance

Weakness causes a Pokémon to take more damage from certain attacks. Resistance causes it to take less damage!

If the Energy symbol next to a Pokémon's Weakness (in the lower-left corner of the card) matches the type of

the opponent's attacking Pokémon, it will take double damage from that attack. Similarly, if the type matches the Energy symbol next to Resistance, it will take 30 less damage.

weakness 4 × 2





Knock Out

Knock Out

A Pokémon is Knocked Out when it has damage counters equal to its HP!



When a Pokémon is Knocked Out, it goes to the discard pile.

Take a Prize card when you Knock Out your opponent's Pokémon. That's how you keep score!

After you attack (or if you can't), your turn is over!

Trainer Tip!

When your opponent Knocks Out one of your Pokémon, put that Pokémon in the discard pile. Then, choose one of your Benched Pokémon and move it up to the Active Spot to become your new Active Pokémon.



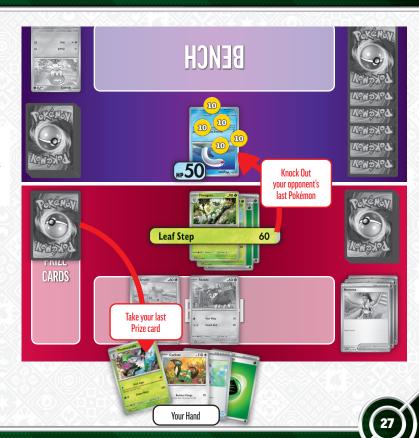
Winning the Game

Victory!

When you Knock Out your opponent's last Pokémon on the playmat, or when you take your last Prize card, you win!



You can also win if your opponent's deck runs out of cards. If they don't have a card to draw at the beginning of their turn, victory is yours!



Advanced Rules



After you've played a few games, try using these rules as well!

Before the Game Begins

Mulligan

If you don't have any Basic Pokémon in your opening hand, show your cards to your opponent and shuffle them back into your deck, then draw 7 new cards. Repeat if you still don't have any Basic Pokémon. Each time you do this, your opponent gets to draw an extra card.

Set Up Your Bench

When you play your first Pokémon to the Active Spot, you may also play up to 5 Basic Pokémon onto your Bench.

Face Down

When you play your Pokémon before the game begins, put them face down so your opponent doesn't know what they are. After both players have set aside their Prize cards, everyone turns their Active and Benched Pokémon face up.

First Turn

First Player

The player who goes first cannot attack or play a Supporter card on their first turn.

Evolution

Neither player can evolve a Pokémon on their first turn.

Pokémon Abilities

Some Pokémon have special Abilities they can use. Most of them can be used during your turn, before you attack. Each Ability is different, though, so read carefully to see how each one works. Some work only if a condition is met, while others work all the time even without you using them. If you use an Ability, be sure to announce it so your opponent knows what you're doing.



Remember, Abilities aren't attacks, so you can still attack if you use an Ability! You can use Abilities from both your Active and Benched Pokémon.

Advanced Rules

Special Conditions

Sometimes a Pokémon can become Asleep, Burned, Confused, Paralyzed, or Poisoned—these are called "Special Conditions."

They can only happen to an Active Pokémon—when a Pokémon goes to the Bench, it recovers from all Special Conditions. Pokémon also recover when they evolve.

Pokémon Checkup is a special step that happens between turns. Before the game continues to the next player, you'll need to take care of any Special Conditions affecting your Pokémon.



Asleep: Turn the Pokémon counterclockwise to show that it is Asleep. If a Pokémon is Asleep, it cannot attack or retreat. During Pokémon Checkup, flip a coin. If you flip heads, the Pokémon recovers (turn the card right-side up), but if you flip tails, it stays Asleep.



Burned: When a Pokémon is Burned, put a Burn marker on it. During Pokémon Checkup, put 2 damage counters on your Burned Pokémon, then flip a coin. If heads, the Pokémon recovers (remove the Burn marker). A Pokémon cannot have two Burn markers; if an attack gives it another Burn marker, the new Burned Condition simply replaces the old one. Make sure your Burn markers look different from your damage counters.



Confused: Turn a Confused Pokémon with the top of the card pointed toward you to show that it is Confused. If your Pokémon is Confused, you must flip a coin before attacking with it. If heads, the attack works normally. If tails, the attack doesn't happen, and you put 3 damage counters on your Confused Pokémon.





Advanced Rules

Paralyzed: Turn a Paralyzed Pokémon clockwise to show that it is Paralyzed. If a Pokémon is Paralyzed, it cannot attack or retreat. After its owner's next turn, it recovers during Pokémon Checkup (turn the card right-side up).



Poisoned: When a Pokémon is Poisoned, put a Poison marker on it. During Pokémon Checkup, put a damage counter on your Poisoned Pokémon. A Pokémon cannot have two Poison markers; if an attack gives it another Poison marker, the new Poisoned Condition simply replaces the old one.

Make sure your Poison markers look different from your damage counters.



Removing Special Conditions

When a Pokémon evolves or moves to the Bench, it recovers from all Special Conditions. The only Special Conditions that prevent Pokémon from retreating are Asleep and Paralyzed. Since Asleep, Confused, and Paralyzed all rotate the Pokémon card, whichever one happened last to the Pokémon is the only one that is still in effect. Since Poisoned and Burned use markers, those don't affect other Special Conditions. An unfortunate Pokémon could be Burned, Paralyzed, and Poisoned all at the same time!



If you need a reminder on what each Special Condition means, be sure to check the reference cards included with each deck!

Credits

Original Japanese Game

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Producer: Yuji Kitano

Original Game Design: Tsunekazu Ishihara, Kouichi Ooyama, and Takumi Akabane

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The Pokémon Company International

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Graphic Design (Logo): Adam Law

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NEED HELP PLAYING THE GAME?

For complete rules: **www.pokemon.com/HowToPlay** You'll also find three reference cards in this box with more helpful information!

